

trust is the committing of one's self into God's hands with perfect certainty of deliverance and blessing.

We are accustomed to use the two words *trust* and *faith* synonymously. But the two words are not synonymous. There may be faith apart from trust, but there can be no trust apart from faith. Trust comes only when one has reached the point of despair. So long as there is any confidence in earthly things *trust* can not be experienced. It is only when one is brought to the realization of the utter helplessness of one's self and one's surroundings that he will throw himself entirely and implicitly into God's hands for deliverance and power. *This is trust.* Let us come more and more to despair of the self and then trust in the living God, "Who hath delivered and doth deliver, in whom we trust that he will yet deliver."

SCRIPTURE LIGHT

1. The true object of trust, Ps. 65 : 5.
2. Encouragements to trust :
 1. The everlasting strength of God, Isa. 26 : 4.
 2. The goodness of God, Nah. 1 : 7.
 3. The loving kindness of God, Ps. 36 : 7.
 4. The rich bounty of God, I Tim. 6 : 17.
 5. God's care of us, I Pet. 5 : 7.
 6. Former deliverances, Ps. 9 : 10 ; II Cor. 1 : 10.
3. Characteristics of trust :
 1. Not in the flesh, Phil. 3 : 3, 4.
 2. Not in one's self, II Cor. 1 : 9.
 3. Not in carnal weapons, I Sam. 17 : 38 ; Ps. 44 : 6 ; II Cor. 10 : 4.
 4. In God, Ps. 31 : 14 ; II Cor. 1 : 9.
 5. In God's Word, Ps. 119 : 42.
 6. In God's Mercy, Ps. 13 : 5 ; 52 : 8.
 7. In Christ, Eph. 3 : 12.
 8. Fixed, II Sam. 22 : 3 ; Ps. 112 : 7.
 9. Unalterable, Job 13 : 15.
4. Blessings of a life of trust :
 1. Enjoyment of perfect peace, Isa. 26 : 3.
 2. Enjoyment of all temporal and spiritual blessings, Isa. 57 : 13.
 3. Fulfilment of all holy desires, Ps. 37 : 5.
 4. Freedom from fear, Isa. 12 : 2 ; Heb. 13 : 6.
 5. Keeps from sliding, Ps. 26 : 1.
5. Trust exemplified :
 1. David, I Sam. 17 : 45.
 2. Hezekiah, II Kings 18 : 5.
 3. Jehoshaphat, II Chron. 20 : 2.
 4. Paul, II Tim. 1 : 12.

QUESTIONS AND TOPICS FOR DISCUSSION.

1. Why should we make God the supreme object of trust ?
2. How do you distinguish between faith and trust ?
3. Is the highest and most useful Christian life possible apart from full trust in God ?
4. Is it an act of humiliation to express one's absolute trust in God ?
5. What is the relation between yielding and trusting ?
7. What effect does trust in God have upon our Christian life, our student life, our business life and our social life ?
8. What is the effect of trust upon worrying ?
9. Can one trust fully in God and be a Pessimist ?
10. Is trust in God active or passive, that is, does it consist wholly in meditation, or is it a passivity that leads to an increased activity ?

WM. D. FURRY, B. A.

Sisters' S. C. E.

Williamstown, Ohio

It has been some time since a report has been given from our society. Altho our society is small we will report our first all day work meeting this new year. The S. S. C. E. met at the home of Sister Elizabeth Rodabaugh, Jan. 31, 1901 at 9 o'clock, A. M., for the purpose of quilting and sewing carpet-rags. There were eleven members and five

free will workers present. Had it not been for the extremely cold weather there would have been more there ; the absent ones are greatly missed, some of them are such good workers. We must mention our dear Sister Alice Rodabaugh who has gone to her eternal home more than a year ago. She was our president for a long time. Sister Alice was ever ready to do anything to help the society along ; she always wanted everything to be peace and harmony. We have full assurance that she is among the blest and if we take her for our example we will surely someday meet her on the other shore where parting will be no more. We have always had good Christian women for our presidents. Our president at present is a truly devoted Christian lady. "There is no duty that she shirks." There are a great many of our members that live so far away that they cannot meet with us as often as they would like. Our work now consists in making tops for comforters. We have three different kinds and three different prices. We have two ready to dispose of at present. We are willing to work at any work that we can find to do. We want to hear from other societies. We ask an interest in your prayers that we may ever prove faithful.

ONE OF THE SISTERS.

Christian Life

A Prayer

A. J. BOWDEN

Mine eyes have seen, mine heart hath told,
Yet still I am astray ;
Oh seek me, Lord, for thine own fold,
Lord, bring me to Thy way !
My sinful mind with sadness filled,
I know the better part ;
Yet persevere remain self-willed,
Lord, soften Thou my heart !
There is no joy in sinners' ways,
Gall tasteth thru them all ;
Teach me to sing Thy brighter lays
Lord, pray my soul recall !

Won with a Word

Bishop McCabe, who has rare gifts as an evangelist, relates the following :

I am sometimes startled at the ease with which a soul can be won. And I am often humiliated when I think of the many times and many opportunities in my life which I have wasted and not used for the winning of souls to Christ. I want to illustrate the ease with which a soul can be won. Not very long ago, in a strange city, as the hackman got down off his box and opened the door to let me out, I dropped a quarter in his hand, and as I did so I grasped his hand and said to him : "Good night ; I hope to meet you again in glory." I had often done that, and I thought nothing of it in this case. I went into the house, met my host and retired to my room for the night. About midnight my host knocked at my chamber door and said : "Chaplain, that hackman has come back and he says that he has got to see you to-night. I told him he had better wait until morning, but he said, 'No, sir, I must see him to-night

and I know that he will be willing to see me.'" When the hackman came up, a broad shouldered man, with a great whip in his hand, he stood there in my presence with the tears rolling down his cheeks like rain. Said he : "If I meet you in glory, I have got to turn round. I have come to ask you to pray with me." What a privilege it was to pray with that man ! What a privilege to point him to Jesus—and yet I never saw him before in all my life. There are 10,000 men in this country that have not had an invitation to come to God in all their lives.

The Quiet Hour

Dr. F. E. Clark.

There is no time so good as the morning hours, when we are fresh and strong, to spend with the Father in heaven. I know it is not easy, but if we are as determined to get it as to get our breakfast, we will get it.

I believe in praying for the least things of life, but when you come to this time do not spend all the time in prayer for self ; nor should you spend all the time with the blessed book. God is there, but also elsewhere, in the "still small voice." Begin by reading the Bible, then look into His face and hear the direct message. The Bible then becomes a message interpreted by God. When prayer and reading are finished then listen ; "Speak, Lord, for Thy servant heareth."

I have many letters at home from those who observe "the quiet hour," every one testifying to the blessing it brings. I remember a young lady in Berlin, who had gone there from America. She was a worldly young woman, but was attracted to the American Church, and later joined the Christian Endeavor Society. Then she heard of "the quiet hour," and wanted to keep it. It was hard at first—accustomed as she was to sit up late—to rise and give fifteen minutes of the early morning to God. She at first overslept. But at last she prayed, "Lord, wake me to keep my appointment with Thee." Then in the morning she seemed to hear a voice saying, "My daughter, my daughter ; awake for an appointment with God." She at once arose, and there was no more trouble in awaking. She expected to meet God every morning, just as she would a friend.

In my office at home are many cards with names of those who have promised to keep "the quiet hour." They contain the promise : "Trusting in the Lord Jesus, I promise to spend fifteen minutes a day in communion with God." May we all know the blessedness of "the quiet hour." The best hours of my life are those spent with God.

Reasons for Lean Christians

They own Bibles, but feed on newspapers.
They sing about peace but do not surrender to get it.
They pray that the kingdom of heaven may come, but block the way by worldly living.
They listen to sermons on unselfishness, but pamper themselves in food and dress.
They wear crosses, but shrink from bearing them.
They praise Christ with their lips, but declare the things He did to be wholly impractical now.—*Christian Endeavor World.*